

FORM 4

**UNITED STATES SECURITIES AND EXCHANGE
COMMISSION**

Washington, D.C. 20549

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person LESTER W BERNARD <small>(Last) (First) (Middle)</small> PO BOX 178		2. Issuer Name and Ticker or Trading Symbol ALICO INC [alco]		5. Relationship of Reporting Person(s) to Issuer <small>(Check all applicable)</small> <input checked="" type="checkbox"/> Director <input type="checkbox"/> 10% Owner <input checked="" type="checkbox"/> Officer (give title below) <input type="checkbox"/> Other (specify below) President and COO	
(Street) LA BELLE, FL 33935		3. Date of Earliest Transaction (Month/Day/Year) 01/29/2004		6. Individual or Joint/Group Filing (Check Applicable Line) <input checked="" type="checkbox"/> Form filed by One Reporting Person <input type="checkbox"/> Form filed by More than One Reporting Person	
(City) (State) (Zip)		Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned			

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	V	Amount				(A) or (D)
Alico, Inc. Common Stock, Par Value \$1.00	01/29/2004	01/29/2004	M		8,651	A	\$ 14.62	15,471	D	
Alico, Inc. Common Stock, Par Value \$1.00	01/29/2004	01/29/2004	S		2,000	D	\$ 37.4959	13,471	D	
Alico, Inc. Common Stock, Par Value \$1.00	01/29/2004	01/29/2004	S		1,651	D	\$ 37.1447	11,820	D	
Alico, Inc. Common Stock, Par Value \$1.00	01/29/2004	01/29/2004	S		1,000	D	\$ 37.5444	10,820	D	
Alico, Inc. Common Stock, Par Value \$1.00	01/29/2004	01/29/2004	S		2,000	D	\$ 37.50	8,820	D	
Alico, Inc. Common Stock, Par Value \$1.00	01/29/2004	01/29/2004	S		2,000	D	\$ 37.5115	6,820	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

SEC 1474 (9-02)
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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form of Derivative Security: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Option for Common Stock	\$ 14.62	01/29/2004	01/29/2004	M		8,651	08/31/2001	09/12/2010	Common Stock	8,651	\$ 0	15,471	D	
Option for Common Stock	\$ 14.62	01/29/2004	01/29/2004	S		8,651	08/31/2001	09/12/2010	Common Stock	8,651	\$ 0	6,820	D	

Reporting Owners

Reporting Owner Name / Address	Relationships
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Reporting Owner Name / Address	Director	10% Owner	Officer	Other
LESTER W BERNARD PO BOX 178 LA BELLE, FL 33935	X		President and COO	

Signatures

W. Bernard Lester	01/30/2004
<small>Signature of Reporting Person</small>	<small>Date</small>

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Remarks:

The reporting person received these options under the "Stock Option Incentive Equity Plan" and did not pay any monetary value for the derivative securities; the prices are stated in Column 2.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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