FORM 4

Check this box if no

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

longer subject to
Section 16. Form 4 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF or Form 5 SECURITIES

OMB APPROVAL
OMB 3235Number: 0287
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Section 16. Form or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type	Responses)										
1. Name and Person - GRIFFIN B							5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner				
PO BOX 12	3. Date of Earliest Transaction (Month/Day/Year) 06/08/2004						Officer (give title X Other (specify below) Past Chairman & CEO				
FROSTPRO	4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person _Form filed by More than One Reporting Person				
(City)	(Zip)	Table	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								
1.Title of Security (Instr. 3)		any		Code		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)) or f (D) nd 5)	5. Amount of Securities Beneficially Owned Following Reported		7. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	٧	Amount	or		Transaction(s) (Instr. 3 and 4)	(Instr. 4)	
Alico, Inc., Common Stock, Par Value \$1.00	06/08/2004	06/08/2	06/08/2004			104	Α	\$ 15.68	104	D	
Alico, Inc., Common Stock, Par Value \$1.00	06/08/2004	06/08/2	2004	S		104	D	\$ 35.11	0	D	

Reminder: Report on a separate line for each class of securition peneficially owned directly or indirectly.	es			
, , , ,	information required to	containe respond	d to the collection of d in this form are not unless the form displays a control number.	SEC 14 (9-

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

Security	Conversion	Date (Month/Day/Year)	Execution Date, if	Code	tion	of Deriv Secu Acqu (A) o	vative urities ured r osed)	Expiration Date (Month/Day/Year)		Securities		Derivative Security	Derivative Securities Beneficially Owned Following Reported Transaction(s)	Ownership Form of Derivative Security: Direct (D) or Indirect	Beneficial
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Option for Common Stock	\$ 15.68	06/08/2004	06/08/2004	М		104		02/26/2004	09/09/2013	Common Stock	104	\$ 0	104	D	
Option for Common Stock	\$ 15.68	06/08/2004	06/08/2004	S			104	02/26/2004	09/09/2013	Common Stock	104	\$ 0	0	D	

Reporting Owners

Daniel Community (Addison	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
GRIFFIN BEN HILL III								
PO BOX 127				Past Chairman & CEO				
FROSTPROOF, FL 33843								

Signatures

Ben Hill Griffin, III	06/10/2004
-Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Remarks:

The reporting person received these options under the "Stock Option and Incentive Equity Plan" and did not pay any monetary value for the derivative securities; the prices are stated in column 2.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.